

Handy Catholic Morning Prayers

Prayer to St. Michael for assistance contra Satan



Saint Michael the Archangel, defend us in battle; be our defender against the wickedness and snares of the devil. May God rebuke him, we humbly pray; do thou, O Prince of heavenly hosts, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen.

Prayer to the Virgin: Remedy Against Evil Spirits [1]
Indulged by St. Pius X on July 8, 1908. Original text from the prayer dictated by Our Lady to Father Cestac on Jan. 13, 1864. August Queen of Heaven, sovereign Mistress of the Angels, thou who from the beginning hast received from God the power and the mission to crush the head of Satan, we humbly beseech thee to send thy holy legions, that under thy command and by thy power they may pursue the evil spirits, encounter them on every side, resist their bold attacks, and drive them hence into eternal woe.

Who is like unto God?

O good and tender Mother, thou wilt always be our love and our hope.

O Mother of God, send thy holy Angels to defend us and drive far from us the cruel enemy.

Holy Angels and Archangels, defend us and keep us. Amen.

Morning (Day's Beginning) Prayers:



**In the Name of the Father,
and of the Son, and the Holy Ghost. Amen.**

Lord, one more day to love Thee! -- Brother Charles de Foucauld

O Jesus, watch over me always, especially today, or I shall betray Thee like Judas. -- St. Philip Neri

My God, send me thy Holy Spirit to teach me what I am and what thou art! -- St. John Vianney

May the Passion of Christ be ever in our heart. -- St. Paul of the Cross

Upon Arising from Sleep

O Master and holy God, who art beyond our understanding: at thy word, light came forth out of darkness. In thy mercy, thou gave us rest through night-long sleep, and raised us up to glorify thy goodness and to offer our supplication to Thee. Now, in thy own tender love, accept us who adore Thee and give thanks to Thee with all our heart. Grant us all our requests, if they lead to salvation; give us the grace of manifesting that we are children of light and day, and heirs to thy eternal reward. In the abundance of thy mercies, O Lord, remember all thy people; all those present who pray with us; all our brethren on land, at sea, or in the air, in every place of Thy domain, who call upon thy love for mankind. Upon all, pour down thy great mercy, that we, saved in body and in soul, may persevere unflinchingly; and that, in our confidence, we may extol thy exalted and blessed Name, Father, Son, and Holy Spirit, always, now and forever. Amen.

Another Just Rising Prayer

At my rising from sleep I thank Thee, O Holy Trinity, because of the abundance of Thy goodness and long-suffering; Thou wast not angry with me a sinner, nor let me perish because of my iniquities, but Thou hast been gracious to me, and sympathized with me in Thine Own Divine fashion, and hast raised me up when I had fallen into despair; and I now hasten to praise Thy power.

Lighten now Thou the eyes of my mind, and open my mouth to meditate on Thy words, to understand Thy commandments, to do Thy will, to sing to Thee with confession of the heart, and to praise Thine All-Holy Name, O Father, Son, and Holy Spirit, now and ever, and forever. Amen.

Fatima Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer Thee my prayers, works, joys and sufferings, all that this day may bring, be they good or bad: for the love of God, for the conversion of sinners, and in reparation for all the

sins committed against the Sacred Heart of Jesus and the Immaculate Heart of Mary. Amen.

Morning Offering to the Sacred Heart

O Jesus, through the Immaculate Heart of Mary, I offer Thee my prayers, works, joys and sufferings of this day for all the intentions of Thy Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all our associates, and in particular for the intentions of our Holy Father for this month. Amen.

Morning Offering to Jesus

O my Jesus, through the Immaculate Heart of Mary, I offer Thee my prayers, works, joys, and sufferings of this day for all the intentions of Thy Sacred Heart, in union with the holy Sacrifice of the Mass throughout the world. I wish to gain all the indulgences attached to the prayers I shall say and the good works I shall perform this day. Amen.

Morning Consecration to Mary

Hail Mary, full of Grace...

My Queen, My Mother, I offer myself entirely to Thee. And to show my devotion to Thee, I offer Thee this day, my eyes, my ears, my mouth, my heart, my whole being without reserve. Wherefore, good Mother, as I am thine own, keep me, guard me as Thy property and possession. Amen

Morning Offering w Brown Scapular

O my God, in union with the Immaculate Heart of Mary (*here kiss the scapular as a sign of your consecration*), I offer Thee the Precious Blood of Jesus from all the altars throughout the world, joining with It the offering of my every thought, word and action of this day. O my Jesus, I desire today to gain every indulgence and merit I can, and I offer them, together with myself, to Mary Immaculate, that she may best apply them to the interests of Thy most Sacred Heart. Precious Blood of Jesus, save us! Immaculate Heart of Mary, pray for us! Sacred Heart of Jesus, have mercy on us!

**Morning Prayers from Daily
Missal, 1962** (next page)



**In the Name of the Father,
and of the Son, and the Holy Ghost. Amen.**

Blessed be the holy and undivided Trinity, now and forever more. Amen

An Act of Adoration

O Great God, the Sovereign Lord of Heaven and earth, I prostrate myself before Thee. With all the Angels and Saints I adore Thee, I acknowledge Thee to be my Creator and Sovereign Lord, my first beginning and last end. I render to Thee the homage of my being and life. I submit myself to Thy holy will, and I devote myself to Thy divine service this day and forever.

(Now say 1 Our Father, 1 Hail Mary, the Apostles Creed, and the Acts of Faith, Hope and Charity,[2] given below

Act of Faith

O MY GOD, I firmly believe that Thou art one God in Three Divine Persons, Father, Son and Holy Ghost. I believe that Thy Divine Son became man, and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because Thou hast revealed them, Who canst neither deceive nor be deceived.

Act of Hope

O MY GOD, relying on Thy almighty power and infinite mercy and promises, I hope to obtain pardon of my sins, the help of Thy grace, and Life Everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

Act of Charity

O MY GOD, I love Thee above all things, with my whole heart and soul, because Thou art all-good and worthy of all love. I love my neighbor as myself for the love of Thee. I forgive all who have injured me, and ask pardon of all whom I have injured.

Then, firmly resolve to avoid evil and to do good.)

Adorable Jesus! divine model of that perfection to which we should all aspire! I will endeavour this day to follow Thine example: to be mild, humble, chaste, zealous, patient, charitable, and resigned. Incline my heart to keep Thy commandments. I am resolved to watch over myself with the greatest diligence and to live soberly, justly, and piously, for the time to come. I will take care of my words, that I may not offend with my tongue. I will turn away my eyes that they may not see vanity and I will be

particularly attentive not to relapse this day into my accustomed failings, but to struggle against them with Thy gracious assistance. Enlighten my mind, purify my heart, and guide my steps, that I may pass all my life in Thy divine service. Amen.

(Now Hail Mary, thrice, honoring the Immaculate Conception. Now follow with the)

Litany of the Holy Name of Jesus

V. Lord, have mercy on us.
R. Christ, have mercy on us.
V. Lord, have mercy on us. Jesus, hear us.
R. Jesus, graciously hear us.
V. God the Father of Heaven
R. Have mercy on us.
V. God the Son, Redeemer of the world, R Have mercy...
V. God the Holy Spirit, R Have mercy on us....
V. Holy Trinity, one God,
V. Jesus, Son of the living God,
Jesus, splendor of the Father, [etc.]
Jesus, brightness of eternal light.
Jesus, King of glory.
Jesus, sun of justice.
Jesus, Son of the Virgin Mary.
Jesus, most amiable.
Jesus, most admirable.
Jesus, the mighty God.
Jesus, Father of the world to come.
Jesus, angel of great counsel.
Jesus, most powerful.
Jesus, most patient.
Jesus, most obedient.
Jesus, meek and humble of heart.
Jesus, lover of chastity.
Jesus, lover of us.
Jesus, God of peace.
Jesus, author of life.
Jesus, example of virtues.
Jesus, zealous lover of souls.
Jesus, our God.
Jesus, our refuge.
Jesus, father of the poor.
Jesus, treasure of the faithful.
Jesus, good Shepherd.
Jesus, true light.
Jesus, eternal wisdom.
Jesus, infinite goodness.
Jesus, our way and our life.
Jesus, joy of Angels.

Jesus, King of the Patriarchs.
Jesus, Master of the Apostles.
Jesus, teacher of the Evangelists.
Jesus, strength of Martyrs.
Jesus, light of Confessors.
Jesus, purity of Virgins.
Jesus, crown of Saints.
V. Be merciful, R. spare us, O Jesus.
V. Be merciful, R. graciously hear us, O Jesus.
V. From all evil, R. deliver us, O Jesus.
From all sin, deliver us, O Jesus.
From Thy wrath, [etc.]
From the snares of the devil.
From the spirit of fornication.
From everlasting death.
From the neglect of Thine inspirations.
Through the mystery of Thy holy Incarnation.
Through Thy Nativity.
Through Thine Infancy.
Through Thy most divine Life.
Through Thy labors.
Through Thine agony and passion.
Through Thy cross and dereliction.
Through Thy sufferings.
Through Thy death and burial.
Through Thy Resurrection.
Through Thine Ascension.
Through Thine institution of the most Holy Eucharist.
Through Thy joys.
Through Thy glory.
V. Lamb of God, who takest away the sins of the world,
R. spare us, O Jesus.
V. Lamb of God, who takest away the sins of the world,
R. graciously hear us, O Jesus.
V. Lamb of God, who takest away the sins of the world,
R. have mercy on us, O Jesus.
V. Jesus, hear us. R. Jesus, graciously hear us.
Let us pray.
O Lord Jesus Christ, You have said, "Ask and ye shall receive, seek, and ye shall find, knock, and it shall be opened to you." Grant, we beseech Thee, to us who ask, the gift of Thy most divine love, that we may ever love Thee with our whole heart, in word and deed, and never cease praising Thee.
Give us, O Lord, as much a lasting fear as a lasting love of Thy Holy Name, for You, who live and are King for ever and ever, never fail to govern those whom You have solidly established in Thy love. R. Amen.